

Alaina's C

SALADS | SANDWICHES | BURGERS | PANINIS

SOUPS, COMBOS & MORE

SOUP OF THE DAY 8.5 ask your server about our daily special

ROASTED TOMATO SOUP

QUICHE 8 served with sliced tomatoes

SOUP & SALAD COMBO

1/2 PANINI COMBO 16 choice of soup or salad

QUICHE COMBO 15 choice of soup or salad

MAC-N-CHEESE 15 bechamel cheese sauce, elbow noodles, toasted panko, choice of side. (add bacon 2)

GRILLED CHEESE & SOUP

SALADS

choice of house-made dressings: balsamic, red wine vinaigrette, citrus vinaigrette, caesar, ranch, blue cheese, oil & vinegar, yogurt maple

ORGANIC GARDEN 14

organic mesculan greens, asiago, cucumber, tomato, carrot, dried cranberries, multigrain toast points

CAESAR 16

baby romaine, parmesean, asiago, foccacia croutons, toast points

CLUCKER SALAD 18

shredded organic chicken breast, mayonnaise, organic field greens, pear, pecans, cranberries, asiago cheese, toast points

TUNA SALAD 18

white albacore tuna, mayonaise, field greens, cucumber, tomato, asiago, carrot, dried cranberries, multigrain toast points

ORGANIC ANCIENT GRAIN BOWL 18.5

quinoa & farrow grains, roasted broccoli, cauliflower & sweet potatoes, cranberry, almonds, chickpeas, pickled onion, avocado, tomato, cucumber, shredded carrot, fine herbs, yogurt maple dijon dressing

SPARTAN SALAD 19.5

choice of mixed greens or romaine, grilled organic chicken breast, feta cheese, tomato, cucumber, fresh hummus, tzatziki sauce, toast points

PAN SEARED SALMON SALAD 19.5

organic field greens, seasonal berries, goat cheese, fine herbs, candied pecans, avocado, raspberry jalapeno vinaigrette

add to any salad, avocado, chicken breast, sliced turkey, deli roast beef, country ham, or bacon +6/grilled salmon or mahi mahi +9

PANINI

Choice of bread: ciabatta, multigrain ciabatta, caramelized onion focaccia, herb foccacia or gluten free Choice of side: hand cut fries, (parmesan + 1, truffle + 2) house baked chips, coleslaw, house salad, caesar salad, fruit cup

SPARTAN STUFFED PITA 17.5

organic chicken breast, hummus, tzatziki, tomato, cucumber, feta cheese, romaine, red wine vinaigrette

PESTO MELT 18.5

choice of: turkey, chicken or roast beef with portobello, zucchini, caramelized onion, sun-dried tomatoes, pesto, asiago, soft herbed cheese, arugula, balsamic

THE BIG KATUNA 17.5

white albacore tuna, mayo, shallots, celery, dijon mustard, provolone & swiss cheese, tomato, arugula

B'S ROAST BEEF 17.5 oven roasted sliced beef, cheddar cheese, horseradish sauce, crispy onions

WHAT THE CLUCK 17.5

roasted chicken breast salad, mayo, toasted pecans, dried cranberries, green apple, baby arugula

CAPRESE 16.5

fresh mozzarella, sliced tomato, basil pesto, olive oil, balsamic glaze, baby arugula (also available as a salad)

ROASTED VEGETABLE 17.5

baked breaded eggplant, roasted zucchini & portobello, soft herbed cheese, arugula, balsamic glaze

PESTO CHICKEN 17.5

roasted chicken tossed in basil pesto, tomato, roasted red peppers, mozzarella, arugula, balsamic reduction

TWO PIGS & A BIRDIE 17.5

fresh turkey breast, bistro ham, bacon, swiss, brie, granny smith apples, coleslaw, dijon & mayonnaise

FIG & DELICIOUS 17.5

fresh sliced turkey breast, french brie cheese, organic fig spread, baby arugula, balsamic glaze

THE TBA 17.5

turkey, bacon, avocado, cheddar, tomato, ranch, arugula

SIMPLE SAMMIE 15.5

your choice of meat: grilled chicken, turkey or roast beef your choice of cheese american, provolone or cheddar lettuce, tomato, mustard & mayonnaise

HANDHELDS includes your choice of side & pickle Add fried egg 2, avocado 3, bacon 3

THE RANCHER 18

crispy chicken thigh marinated in house-made ranch seasoning, bibb lettuce, tomato, basil aioli, pickled red onion, toasted brioche bun

THE AMERICANO 21

Alaina's signature burger blend, B's secret sauce, (we can't tell you its a secret) american cheese, red onion, bibb lettuce, tomato, brioche bun

CRISPY CHICKEN TACOS 16.5

two grilled flour tortillas, organic chicken breast, queso fresco, pickled red onion, cabbage, chili peppers, spicy aioli, fresh cilantro (not served with a side)

TURKEY REUBEN 18

Freshly sliced turkey breast, melted swiss cheese, house-made remoulade, pickled cabbage, local multigrain loaf brown cauliflower, crispy chickpeas,

BFL (BREAKFAST FOR LUNCH) 16.5

two free range eggs any style, choice of bacon or ham, choice of cheese

B. E. L. T. 18.5

applewood smoked bacon, bibb lettuce, organic tomato, free-range egg, roasted garlic aioli, rustic multigrain loaf

CRISPY CAULIFLOWER **TACOS** 15.5

two grilled flour tortillas, golden black bean puree, pickled red onion, red cabbage, basil aioli, queso fresco & cilantro (does not come with a side)

BLACKENED MAHI MAHI SAMMIE 19.5

pan seared locally caught fresh mahi mahi, house-made remoulade, sliced tomato, bibb lettuce, toasted bun

SIDES & EXTRAS

BASKET OF HAND CUT FRIES

served with ketchup, or add house-made dipping sauces: basil aioli, garlic aioli or honey mustard +1.50

ORIGINAL 9.5

PARMESAN 10.5

TRUFFLE 11.5

JAVA & JUICE BAR

locally roasted fair trade organic coffee & locally grown cold pressed juices

LATTE 7

Flavor: vanilla, mocha, hazelnut, caramel

CAPPUCCINO 6

AMERICANO 6

DOUBLE ESPRESSO 5

ICED LATTE 7

Flavor: vanilla, mocha, hazelnut, caramel

Willy Cold Pressed Juices

FLORIDA COCONUT WATER 6

IMMUNE BOOSTER 10

GREEN JUICE 10

celery, spinach, cucumber, apple, lemon, ginger

FRESH WATERMELON JUICE

WEEKEND DETOX

beet, celery, pineapple, lemon, ginger, turmeric

CHARCOAL LEMONADE ORGANIC

MOTHER'S BLOOD ORANGE GINGER KOMBUCHA 8

SCOOP OF SALAD albacore tuna salad, chicken salad or pesto chicken salad

ORGANIC SALAD

CAESAR SALAD

8

8

5

3

1

FRESH FRUIT

HOUSE POTATO

CHIPS

DILL PICKLES 3

SPICY PICKLES 3.5

TOAST POINTS

HOUSE-MADE

SAUCES

EXTRA PROTEIN grilled chicken, fresh turkey,

roast beef

HUMMUS

AVOCADO



Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.