

BREAKFAST ALL DAY

BREAKFAST PANINI 12

two free-range eggs any style, choice of bread, choice of cheese, choice of bacon or ham served with fruit or house salad

BREAKFAST PLATE 12

two free range eggs any style, choice of bacon or ham, choice of toast served with fruit or house salad

QUICHES

VEGGIE QUICHE 8 sweet potato, spinach & goat cheese

MEAT QUICHE 8
Italian sausage, caramelized onion, provolone cheese

SMALL BITES

WHITE BEAN HUMMUS PLATE 13 house made white bean hummus, assorted sliced veggies, grilled pita

SOUP

ROASTED TOMATO SOUP 8

fresh cracked pepper, parmesan cheese, house croutons, basil pesto

CHICKEN LEMON ORZO SOUP 8.5

LUNCH

MEDITERRANEAN MELT 17

sauteed garlic spinach, fresh feta, spiced tomato jam, 7-grain bread choice of side & pickle

CHOPPED CAJUN CHICKEN CAESER WRAP 18

blackened chicken breast, chopped romaine, shredded asiago, house made caeser dressing in a griddled wrap

choice of side & pickle

COCO-LOCO SHRIMP SALAD 19

crispy coconut shrimp local mixed greens, fresh mango, shaved red onion, avocado, pineapple-chili vinaigrette