



# BREAKFAST MENU

SERVED FROM 8:00 AM TO 11:00 AM

## MAINS

**SIMPLY DONE PLATE 14**  
two cage-free eggs cooked any style, sliced tomato, roasted potatoes, multigrain toast, bacon

**AVOCADO TOAST 17**  
rustic toasted multigrain bread, two cage-free eggs cooked your way, mashed avocado, bacon, whipped goat cheese, sliced tomato, arugula, garlic aioli, choice of fruit or potato

**TWO EGG SANDWICH 14**  
apple wood smoked bacon, spicy aioli, American cheese, arugula, toasted brioche bun, served with a side of fruit or potatoes

**HEART SMART FRITTATA 16**  
open-faced egg white omelet, tomato petals, roasted potato, parmesan cheese, basil, arugula

**CHICKEN SKILLET 16**  
diced chicken, potatoes, sautéed pepper & onions, two eggs your way, cheddar, spicy crema

**FARM EGG OMELET 16**  
caramelized spanish onions, bacon, avocado, tomato, monterey jack cheese, multi-grain toast, potatoes

**ITALIAN SCRAMBLE SANDWICH 15**  
open-faced scrambled eggs with whipped ricotta over grilled multigrain bread, chili flakes, olive oil, pecorino romano, chives

**GREEK CHICKEN FRITTATA 15**  
onions, peppers, tomatoes, chicken, feta cheese, bitter greens, multigrain toast

**QUICHE OF THE DAY 12**  
served with side of fruit or potatoes

**OATMEAL 9**  
brown sugar, raisins

**STEAK & EGGS 21**  
6oz prime skirt steak, choice of eggs, roasted potatoes, arugula salad

**SHAKSHUKA \*\* 17**  
2 basted eggs, house-made tomato sauce, peppers & onions, olive oil, feta cheese, garlic, grilled naan

**DENVER STYLE FRITTATA 16**  
3 eggs, pit ham, caramelized onions, tomatoes, cheddar cheese, topped with roasted pepper jam & sour cream, choice of fruit or potatoes, multigrain toast

**BUILD YOUR OWN OMELET 17**  
choice of cheddar, swiss, American, feta, or Monterey jack cheese, ham, onions, peppers, spinach, tomato, bacon, mushrooms, choice of side, multigrain toast

**WESTERN OMELET 15**  
ham, peppers, onions, cheddar cheese, roasted potatoes, multigrain toast

**FRESH BELGIAN WAFFLE 16**  
berry compote, maple syrup

**ACAI BOWL 15**  
house-made granola, blueberries, strawberries, banana, toasted organic coconut, natural almond butter

**GOOD MORNING PARFAIT 10**  
greek yogurt, house granola, berries, local honey

*Consumer Advisory: \*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Alert your server if you have special dietary requirements.*



SERVED ALL DAY

## SIDES

AVOCADO	2.5
MULTIGRAIN TOAST	3
PORK SAUSAGE LINKS	6
CHICKEN SAUSAGE	6
APPLEWOOD SMOKED BACON (3)	6
EGGS (2)	5
SEASONAL FRUIT	6
YOGURT	6
FRIED POTATO	5

## ESPRESSO BAR

house made almond milk, Spanish almonds, organic maple & Himalayan pink salt.

house made oat milk, organic oats, organic sunflower oil & Himalayan pink salt

OCEANA COFFEE	4.5
DOUBLE ESPRESSO	5
AMERICANO	6
CAPPUCCINO	6
LATTE	7
plain, vanilla, mocha, hazelnut, caramel	
ICED LATTE	7
plain, vanilla, mocha, hazelnut, caramel	
CHAI OR MATCHA LATTE	8
make it dirty, +1	

## BAKERY

JUMBO MUFFINS	5
daily selections	
SCONE	4
daily selections	
COFFEE CAKE	5
BREAKFAST BREAD	3.5
daily varieties	
CHOCOLATE CROISSANT	4
BUTTER CROISSANT	4

## COLD PRESSED JUICES

ZEST	10
watermelon, pineapple, apple, lemon, lime, beet	
AMBER	10
apple, carrot, jícama, lime, ginger, turmeric	
ROOTS	10
carrot, apple, pineapple, beet, orange, lemon, ginger	
GREENS	10
cucumber, spinach, celery, lemon, dandelion	
BLUE BOOST SHOT	6
blue spirulina, coconut water, ginger, lime	
REVIVE SHOT	6
ginger, agave	
BURN SHOT	6
turmeric, jícama, ginger, lime, cayenne	

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