



WEEKLY SPECIALS

JULY 14TH - JULY 20TH

BREAKFAST ALL DAY

BREAKFAST PANINI 14

two free-range eggs any style,
choice of bread, choice of cheese, choice of
bacon or ham
served with fruit or house salad

BREAKFAST PLATE 14

two free range eggs any style,
choice of bacon or ham, choice of toast
served with fruit or house salad

QUICHES

VEGGIE QUICHE 8

spinach, asiago, tomato

MEAT QUICHE 8

ham, chive, gruyere

SOUP

ROASTED TOMATO SOUP 8

fresh cracked pepper, parmesan, house
croutons, basil pesto

CREAM OF MUSHROOM 8.5

SMALL BITES

WHITE BEAN HUMMUS 13

house made white bean hummus,
assorted sliced veggies, grilled pita

BUFFALO WINGS 14

8 buffalo wings served with blue cheese, carrots and celery

LUNCH

TROPIQUESADILLA 19

blackened shrimp, Monterey Jack & cojita cheese, roasted corn, pickled cabbage served with avocado
mango salsa, chipotle key lime crema
choice of side & pickle

SOUTHERN PRESS 17

crispy chicken thigh, pimento cheese, bacon, pickled green tomatoes, shredded lettuce drizzled with Cajun
comeback sauce, pressed on ciabatta
choice of side & pickle

MEDITERRANEAN GRAIN BOWL 18

Arugula, farro/quinoa blend, crispy chickpeas, feta, tomatoes, cucumbers, red onion, Kalamata olives,
roasted red peppers with herbed lemon dill yogurt drizzle and red wine vinaigrette.

Add: Chicken +\$2, Shrimp +3, Salmon +\$5, Mahi-Mahi +\$7, Skirt Steak \$10

Consumer Advisory: *Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase
your risk of foodborne illness, especially if you have certain medical conditions.
Alert your server if you have special dietary requirements.